



Your ADHD Program

Treatment can help in many ways, but it must be managed on a continual basis. It will help a child have better relationships with parents, teachers, and peers; improve school performance and decrease problems with behavior. It is important to get a proper diagnosis and help early in life.

If your child has not yet been diagnosed with ADHD, but is inattentive and needs an evaluation, please follow the steps below prior to scheduling an ADHD appointment.

- Read the parent letter on our website before your visit. Click on 'ADHD' icon to the left of our website homepage.
- Complete the initial Parent Vanderbilt Assessment forms prior to your visit. You can print these forms from our website.
- Have two teachers complete the initial Teacher Vanderbilt Assessment prior to your visit.
- Consider having an evaluation by a licensed psychologist prior to your visit. See link on website.

If your child has already been diagnosed with ADHD, we recommend comprehensive ADHD evaluations every six months in addition to yearly check-ups. This includes the following:

- Reassessment of Vanderbilt Scores by parents
- Medication updates or changes if necessary
- Screening for medication side-effects
- Evaluation for disorders which sometimes occur in children with ADHD – depression, anxiety, oppositional behaviors, obsessive or compulsive behaviors



GO ONLINE...IT'S EASY!

Accessing Forms on our external CHADIS website

- Click on the red door on our website:
www.jeffersandmann.com
- Click on the CHADIS icon, which takes you to a secure external website
- If you are a new user, please set up an account
- The invitation code is: 9197865001
- Once your account is set up, select either **Attention/Learning issues or Follow-up** and complete the appropriate forms.
- Teachers can also access the CHADIS website and fill out forms online.

RESOURCES: www.chadd.org, Children and adults with ADHD