We focus on wellness by looking at the whole person, covering all aspects of your child's health and well-being.

## FOUNDATION of a Medical Home

A Family-Centered Medical Home is a partnership between you, your child, your provider and other professionals.

Your healthcare is coordinated, integrated and continuous.

A Family-Centered Medical Home is a model for modern primary care. The American Academy of Pediatrics explains it this way:

"It integrates high quality health care, acute care and chronic condition management in a planned, coordinated and family-centered manner."

We are coordinating all the aspects of your child's care, with your provider at the core.



## RESOURCES Getting you connected

We have many resources available! Please visit our website or contact a Care Coordinator if you have questions or special needs.

#### **Contact Us**

Raleigh		¥			٠	*								,	(919) 786-5001
															(919) 359-3500
															(919) 852-0177
West Cary · ·		e	٠	45	×			٠			,		**		(919) 388-7520
Wake Forest -	2	Žį.		ř			*		٠	٠		4	*		(919) 453-5363
Holly Springs			٠				×		٠	*			80		(919) 586-0050
On-Call 24/7	fo	r	eı	m	e	rg	se	n	ci	e	S	٠	*		(919) 831-5682



#### Jeffers, Mann & Artman Pediatric and Adolescent Medicine, P.A.

Visit <a href="www.jeffersandmann.com">www.jeffersandmann.com</a> for office hours

Like us on Facebook at @jeffersandmann



## YOUR FAMILY-CENTERED MEDICAL HOME

Continuous, Comprehensive, Coordinated Care from Birth to Age 21



WWW.JEFFERSANDMANN.COM



## WE'RE PARTNERS

In a Medical Home environment, we are in partnership with you.

- · We know your child's health history
- We listen to your concerns and needs
- We follow-up with your other providers
- We make sure all your needs are met, both medical and non-medical
- · We create a trusting relationship
- · We develop a care plan with your family
- · We respect and honor your culture and traditions
- · We connect you with community resources

#### We're here for you.

- Call 919-831-5682 for urgent matters
- Easy access to your medical records through our Patient Portal <u>www.jeffersandmann.com</u>
- · Care coordination with referrals and resources

### **OUR SERVICES**

We take a proactive approach to healthcare from birth to age 21.

- Vaccinations
- Experts in Asthma, ADHD and Healthy Living
- · Asthma and Allergy treatment
- Consultation, diagnosis and management of behavioral issues
- Expectant Parent Classes
- Lactation Consultations
- · Care Coordinators
- Treatment for minor lacerations and injuries
- Developmental screenings
- · Hearing/Vision screenings
- Special Kids in Pediatrics "SKIP" (program for special needs kids and their families)

# Easy access to your medical records.

With our **Patient Portal**, you have electronic access to your medical records 24/7. You can log on and get the information you need anytime.

Log on to **CHADIS** at <u>www.jefferandmann.com</u> to complete pre-visit screening forms. Doing this in advance of your visit ensures your provider is prepared and knows your questions and concerns in advance.

We're here to help! Please call our office if you need help logging on or setting up your account: **(919) 786-5001.** 

### **GET READY**

# Make your medical appointment work for you!

- Before the appointment, write down your questions and concerns
- If your child sees specialists, ask them to send reports to your child's provider
- Bring a list of the medicines your child takes regularly
- Bring your child's insurance card and immunization records
- Bring some comfort items for your child, such as books, toys or snacks
- At your appointment, ask questions and take note:
- Ask your provider to explain the care or treatment plan, and put it in writing
- Ask when to schedule the next appointment
- After your visit, file your child's medical information in one place so it's easy to find for the next appointment



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