

Psychologist Referral List

Apex

Lifescapes Counseling

800 W. Williams Street, Suite 251 (Peakway Market Square)

Apex, NC 27502

Phone: 919 303-0273

Fax: 919 303-5986

www.lifescapescounseling.com

Insurance: No Medicaid, on panel for most insurances. Office files insurance.

Ages seen – 5 years and up

Parenting classes – no

ADHD evaluation – yes

Special Services offered – divorce mediation, PTSD/trauma, focus on ADHD, obsessive compulsive disorder, autism, play therapy; substance abuse (not intensive)

Cary

3C Family Services

Dr. Daniels and Dr. Schweickert (psychiatrists); multiple psychologists and clinical social workers

1901 N. Harrison Ave., Suite 100, Cary NC 27513

(919) 677-0101

www.3cfs.com

Insurance - No Medicaid, not on any insurance panels/networks. Parent pays up front, office files insurance, and parent gets reimbursement check.

Ages seen – 3 years and up

Parenting classes – no

ADHD Evaluation – yes

Special services offered – Collaborative divorce program. Interactive groups for adolescents, high functioning autism, programs for anxious children. Research projects on ADHD, Intuniv – 8-12 years old, free medication and visits.

Silber Psychological Services

1340 SE Maynard Rd, Suite 201, Cary NC 27511

Phone: (919) 481-9012

Fax: (919) 481-9013

www.silberpsychologicalservices.com

Insurance – Not on insurance panels, do take NC Health Choice, No Medicaid. Parents pay at time of visit, office will submit claims.

Ages seen – 3 and up, adolescents

Parenting classes – no

ADHD Evaluation – Yes

Special services offered – social skills groups

Family Psychiatry and Psychology Associates

104-A Fountainbrook Circle, Cary NC, 27511

Phone: (919) 233-4131

Fax: (919) 233-4168

www.fppa.com

Insurance - Not on insurance panels, no Medicaid. Parent pays up front, office will assist parent in submitting insurance claims.

Ages seen – 4 years and up

Parenting classes – yes

ADHD Evaluation – yes

Special services offered – Autism, Asperger's, anxiety, hypnosis, eating disorders

Triangle Psychological Services

Patti Zordich, PhD

1125 Kildaire Farm Rd., Suite 202 Cary, NC 27511

Phone: 919-380-1000

www.trypsych.com

Insurance - ONLY take Medicaid and NC HealthChoice. Parent files with insurance.

Ages seen – 3 years and up; adolescents and adults

Parenting classes – yes

ADHD Evaluation – yes

Special services offered - Using faith as part of healing process. Foster care and adoption issues. Marriage counseling, child & family therapy, and depression, anxiety, pornography addiction, PTSD, and post abortion trauma with adults. Play therapy with children ages 2+.

Rosalind Heiko

531 Keisler Drive, Cary NC

Phone: (919) 858-9692

www.drheiko.com

Insurance - No Medicaid, not on any insurance panels. Parent pays up front and files with insurance.

Ages seen – children, adults, adolescents

Parenting classes – yes

ADHD Evaluation – yes

Special services offered - Advocacy with school and mental health issues. Sandplay/play therapy. Chronic illness/pain management. Hypnosis.

The Tooley Group (part of Ridgeview Counseling Associates)

Joe Tooley, PhD

106-D Ridgeview Dr., Cary NC 27511

Phone: (919) 467-2464

www.toolegroup.com

Insurance – Do take Medicaid, out of network for most private insurance. Office will file insurance claims.

Ages seen – all ages; mostly do family therapy

Parenting classes – no

ADHD evaluation – yes

Special services offered – ADHD and autism are specialties; adolescent behavioral issues

Paul Krasner, PhD – Cary Family Psychology

102H Commonwealth Ct, Cary, NC 27511

(919) 467-2876

www.caryfamilypsychology.com

Insurance - No Medicaid. On most insurance panels. Office will file insurance if on panel with that company.

Ages seen – 3 years and up, adolescents

Parenting Classes – yes

ADHD evaluation – yes

Special services offered – sleep disorders, chronic pain, wellness programs (stress management, weight loss), autism.

Dr. Bradley Hack, PhD

2500 Regency Parkway, Cary NC, 27518

Phone: (919) 654-3004

No website available

Insurance - No medicaid, not on insurance panels. Parent files insurance.

Ages seen – Adolescents (youngest 10-11 years) to Adults

Parenting Classes – no

ADHD evaluation – yes

Special services offered – Sports therapy, depression, anxiety, substance abuse.

“Coach/mentor” philosophy, flexibility training, “acceptance-based behavior therapy”.

Triangle Center for Behavioral Health

300 Ashville Ave, Suite 240, Cary NC

Phone: (919) 889-5124

www.trianglecbh.com

Insurance – takes Medicaid, NC Health Choice, other private insurances. Parent pays at time of service, office provides paperwork for parent to file with insurance.

Ages seen – 4 and up

Parenting Classes – yes

ADHD evaluation – yes

Special services offered – kindergarten early entry evaluations, extensive other offerings (see website)

Clayton

Kraft Psychological Services

221 Barbour St

Clayton, NC 27520

Phone: (919) 550-0500

Fax: (919) 550-5120

No website

Insurance – take BCBS. Office files with insurance.

Ages seen – 6 years and up

Parenting classes – no

ADHD evaluation – yes
Special Services offered – none listed

Southwinds Counseling

11181 Hwy 70, Clayton NC 27520
Phone: (919) 359-9700
Fax: (919) 359-9705
www.swbhs.com

Insurance – take Medicaid, take most private insurances on a sliding scale. Office files with insurance.

Ages seen – 6 years and up
Parenting classes – yes
ADHD evaluation – yes
Special Services offered – family therapy, eating disorders, autism/asperger's

3C Family Services (Cary)

Dr. Daniels and Dr. Schweickert (psychiatrists); multiple psychologists and clinical social workers
1901 N. Harrison Ave., Suite 100, Cary NC 27513
(919) 677-0101
www.3cfs.com

Insurance - No Medicaid, not on any insurance panels/networks. Parent pays up front, office files insurance, and parent gets reimbursement check.

Ages seen – 3 years and up
Parenting classes – no
ADHD Evaluation – yes
Special services offered – Collaborative divorce program. Interactive groups for adolescents, high functioning autism, programs for anxious children. Research projects on ADHD, Intuniv – 8-12 years old, free medication and visits.

Dunn

Dunn Psychological Associates

Dr. David Dermott, PhD, Dr. Buonaccorsi, MD)
102 Tilghman Drive, Dunn NC 28335
Phone: (910) 892-5839
Fax: (910) 892-5771
No website

Insurance – Medicaid, NC Healthchoice, Medcost, Medicare, BCBS, a few others. Will do out of network for Tricare. Office files insurance.

Ages seen – all (including very young – 2+)
Parenting classes – one on one usually, occasional group classes
ADHD evaluation – yes
Special Services offered – family psychology is a focus; sandplay therapy; ADHD treatment and assessment, autism

Garner

Central Carolina Counseling Center

223 Hwy 70, Suite 130, Garner NC

Phone: (919) 772-9371

Fax: (919) 779-6999

No Website

Insurance – Medicaid, some private insurance companies (Medcost, etc). Office will file paperwork.

Ages seen – 10 years and up

Parenting classes – no

ADHD evaluation – yes

Special Services offered – family therapy

Cleveland Psychological Services

Elizabeth Hyde, LPA (licensed psychological associate)

100 Professional Court, Suite 103, Garner NC 27529

Phone: (919) 662-3757

Fax: (919) 662-3765

www.clevelandpsych.com

Insurance – take Medicaid (with Carolina Access only), NC HealthChoice, BCBS (most types), State Employees Health Plan. Not in network for most other plans. Office will bill insurance.

Ages seen – young children, adolescents, adults

Parenting classes – no

ADHD evaluation – yes

Special Services offered – early kindergarten admission evaluations

Holly Springs

Central Carolina Counseling Center (Holly Springs location)

1140 Holly Springs Rd., Holly Springs NC 27540 (also Garner and N Raleigh Locations; evening hours in Garner and HS)

Phone: (919) 772-9371 – answer phones M-Th 10am to 3pm

Fax: (919) 779-6999

www.centralcarolinacounseling.com

Insurance – takes Medicaid and private insurances. Office files insurance. On insurance panels (will take copays).

Ages seen – 10 years and up

Parenting classes – no

ADHD evaluation – yes

Special Services offered – Marital Counseling, family counseling, group therapy, Consultations on Organizational Behavior

Raleigh

Silber Psychological Services

1004 Dresser Court, Suite 103, Raleigh NC

Phone: (919) 876-5658

Fax: (919) 790-1521

www.silberpsychologicalservices.com

Insurance – Not on insurance panels, do take NC Health Choice, No Medicaid. Parents pay at time of visit, office will submit claims.

Ages seen – 3 and up, adolescents

Parenting classes – no

ADHD Evaluation – Yes

Special services offered – social skills groups

Southeast Family Services (Dr. Hal Shigley, PhD)

3716 National Drive, Suite 124, Raleigh NC 27612

Phone: (919) 783-8846

Fax: (919) 783-7305

www.sfsraleigh.com

Insurance – Take Medicaid; out of network for other insurances. Parents file insurance forms.

Ages seen – 1 year to 18 years old

Parenting classes – no

ADHD evaluation – yes

Special Services offered – autism, obesity counseling, sensory processing disorders, learning difficulties. Offer speech-language, feeding therapy, and occupational therapy as well.

HRC Behavioral Health and Psychiatry

Dr. Elena Lee

4201 Lake Boone Trail, Suite 201, Raleigh NC 27607

Phone: (919) 785-0384

Fax: (919) 785-0038

www.hrc-pa.com

Insurance – depends on provider; office files for in-network insurance.

Ages seen – 3 years and up

Parenting classes – no

ADHD evaluation – yes

Special Services offered – autism/Asperger's; group therapy – "Young People: Becoming an Adult".

Carolina Neuropsychological Services

Alanna Conder, PsyD

1540 Sunday Drive, Suite 200, Raleigh NC 27607

Phone: (919) 859-0940

Fax: (919) 859-9030

www.carolinacns.com

Insurance – BCBS, state health insurance, some HMO's, Medicare (not Medicaid)

Ages seen – 5 to 17 years

Parenting classes – no
ADHD evaluation – yes
Special Services offered – neurocognitive evaluation

Triangle Psychoeducational Consultants

Laura Wyatt, PhD and Cheryl Stallings, PhD
3820 Merton Drive, Raleigh NC, 27609
Phone: (919) 789-8989
Fax: (919) 789-8988
www.trilogyschool.com/tpc

Insurance – out of network for most insurance. Office files with insurance.

Ages seen – 4 to 18 years
Parenting classes – no
ADHD evaluation – yes
Special Services offered – grief counseling, autism, learning disorder evaluation, ADHD, academically gifted evaluations

Grew, Morter, and Hartye Psychological and Educational Services

3141 John Humphries Wynd, Suite 275, Raleigh NC, 27612
Phone: (919) 783-5431
Fax: (919) 783-6480
www.gmhpsych.com

Insurance – take most insurances, in-network for many plans. Office files insurance.

Ages seen – child, adolescent, adult
Parenting classes – yes
ADHD evaluation – yes
Special Services offered – neurofeedback, hypnosis, EMDR, DBT (dialectical behavioral therapy), social skills groups for boys and for girls, early kindergarten evaluations, chronic illness

Capital Area Psychological Services

James Hilke
220 W Millbrook Road, Raleigh NC 27609
Phone: (919) 870-8151
Fax: (919) 870-5618
www.capsa.freesevers.com/staff

Insurance – information not available

Ages seen – 5 and up; if 3 or 4 years needs parent present
Parenting classes – no
ADHD evaluation – yes
Special Services offered – eating disorders, autism/asperger's, grief counseling

Jennifer Stevens, LCSW

1100 Navajo Drive, Suite 114, Raleigh NC 27609
Phone: (919) 297-2357
Fax: (919) 890-3866
www.jstevenslcsw.com

Insurance -

Ages seen –

Parenting classes –
ADHD evaluation –
Special Services offered – social skills groups, adoption, parenting concerns

Barbara Still

4904 Waters Edge Drive, Suite 264, Raleigh NC 27606
Phone: (919) 858-7887
Fax: (919) 858-5709

Insurance – Takes private insurance; will do sliding scale for self-pay. Does not take Medicaid.

Ages seen – newborn and up
Parenting classes – no
ADHD evaluation – no
Special Services offered – families of newborns from special infant care (prematurity) with developmental issues

Mary Luckhauht

4909 Waters Edge Drive, Suite 100, Raleigh NC 27606
Phone: (919) 299-0213
Fax: (919) 233-1808

Insurance – Takes Medicaid, multiple other private insurances. Office will file with insurance.

Ages seen – 3 to 18 years
Parenting classes – yes
ADHD evaluation – yes
Special Services offered – habit behaviors, preschool issues, play therapy

Millbrook Psychological Associates (Dr. Ann Waring)

280 W Millbrook Rd, Raleigh NC
Phone: (919) 846-7396

Insurance – Accepts Medicaid. On panel for BCBS and United HC/Behavioral Health, Aetna.

Ages seen – preschool and up, adolescents
Parenting classes – yes (some providers)
ADHD evaluation – no
Special Services offered – play therapy; personality testing

NCSU Department of Psychology (Dr. Michelle Wichard and Dr. Patsy Collins)

NCSU 2310 Stinson Drive
Poe Hall, Suite 612
Phone: (919) 515-1713
Fax: (919) 515-1716

Insurance – out of network only, parent files paperwork with insurance

Ages seen – preschool through college
Parenting classes – no
ADHD evaluation – yes
Special Services offered – academic coaching, autism/Asperger's

Emailed 11/14/11

Dr. Allan Bloom, PhD

4000 Blue Ridge Road, Suite 380
Raleigh NC 27612
Phone: (919) 787-7307
Fax: 787-8414
www.allanbloom.com

Insurance – Takes every insurance (on panel), files insurance for patient. Does not take Medicaid.

Ages seen – ages 3+
Parenting classes – no
ADHD evaluation – yes
Special Services offered – depression/self-esteem, learning problems, ADHD

Dr. Christopher Ricci, PhD

8009-104 Creedmoor Rd, Raleigh, NC 27613
Phone: (919) 802-4087
Fax: (919) 882-9052
www.psychologyinraleigh.com

Insurance – No Medicaid. Not on panels. Pay up front, parents submit paperwork to insurance.

Ages seen – 6 to 19 years
Parenting classes – no (will do public workshops)
ADHD evaluation – yes
Special Services offered – autism, parenting skills, divorce, low self-esteem, social skills groups for girls and boys

3C Family Services (Cary)

Dr. Daniels and Dr. Schweickert (psychiatrists); multiple psychologists and clinical social workers
1901 N. Harrison Ave., Suite 100, Cary NC 27513
(919) 677-0101
www.3cfs.com

Insurance - No medicaid, not on any insurance panels/networks. Parent pays up front, office files insurance, and parent gets reimbursement check.

Ages seen – 3 years and up
Parenting classes – no
ADHD Evaluation – yes
Special services offered – Collaborative divorce program. Interactive groups for adolescents, high functioning autism, programs for anxious children. Research projects on ADHD, Intuniv – 8-12 years old, free medication and visits.

Wake Forest

Dr. Anne Davison Baden, PhD

2001 S. Main St., Suite 200
Wake Forest, NC 27587
Phone: (919) 810-8028
Fax: (919) 562-7401

Insurance – Do take Medicaid. BCBS, Aetna, Cigna, Tricare.

Ages seen – 6 years and up. Adolescents – assessments only
Parenting classes – no
ADHD evaluation – yes
Special Services offered – developmental delay

Wake Forest Counseling Associates

853 Wake Forest Business Park, Suite 5, Wake Forest NC
Phone: (919) 554-4027
Fax: (919) 554-9375
www.wakeforestcounseling.net

Insurance – Do take Medicaid. BCBC, Cigna, Aetna, Magellan, NC Health Choice. Will do sliding scale fees.

Ages seen – all
Parenting classes – no
ADHD evaluation – yes
Special Services offered – eating disorder care