

Your ADHD Program

Preparing for Your Appointment



JMA Pediatrics
Jeffers, Mann & Artman

Treatment for ADHD can help in many ways, but it must be managed on a continual basis. It will help a child have better relationships with parents, teachers, and peers, improve school performance and decrease problems with behavior. It is important to get a proper diagnosis and help early in life.

If your child has NOT YET been diagnosed with ADHD,

but is inattentive or hyperactive, and needs an evaluation, please follow the steps below prior to scheduling an ADHD appointment.

Click on 'ADHD' icon to the left of our website homepage. Read the parent letter on our website before your visit. Complete the initial Parent Vanderbilt Assessment forms prior to your visit. You can print these forms from our website. Have two teachers complete the initial Teacher Vanderbilt Assessment prior to your visit.

It is recommended that your child have a psycho-educational evaluation with a psychologist prior to your visit. This evaluation can be done through your child's school (free) or privately. Please check with your insurance to see who is covered privately, and check our website for a list of recommended psychologists.

If your child HAS ALREADY been diagnosed with ADHD,

we recommend comprehensive ADHD evaluations at a minimum every six months in addition to yearly check-ups. This includes the following:

- Reassessment of Vanderbilt Scores by parents
- Medication updates or changes if necessary
- Screening for medication side-effects
- Evaluation for disorders which sometimes occur in children with ADHD – depression, anxiety, oppositional behaviors, obsessive or compulsive behaviors



GO ONLINE...IT'S EASY!

Accessing Forms on our external CHADIS website

1. Click on the red door on our website:
www.jeffersandmann.com
2. Click on the CHADIS icon, which takes you to a secure external website.
3. If you are a new user, please set up an account. The invitation code is: 9197865001
4. Once your account is set up, select either Attention/Learning issues or follow-up and complete the appropriate forms.

If you would like your child's teacher to fill out Teacher Assessment forms online on CHADIS, please contact our office to help them get set up with a CHADIS account.

RESOURCES: <http://trianglechadd.com/>
Children and adults with ADHD.



Medical records access



Request an appointment



Ask our staff



Prescription refill requests



Fill out forms in advance

Find us on

Raleigh (919) 786-5001
Clayton (919) 359-3500
Cary (919) 852-0177
West Cary (919) 388-7520
Wake Forest (919) 453-5363
Holly Springs (919) 586-0050

ONLINE RESOURCES AT WWW.JEFFERSANDMANN.COM

WE ARE HERE TO HELP

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