



**Jeffers,
Mann &
Artman
Pediatric
and Adolescent
Medicine, P.A.**

Food Resources

Good nutrition is an important part of staying healthy! Need help? Many resources are available.



Wake County

Dorcas Food Pantry

187 High House Road, Cary 27511
919-469-9861

Food pantry open Monday – Friday: 9 a.m. – 3 p.m.
Saturday: 9 a.m. – 3 p.m.

Must live, work, worship in Cary or Morrisville, have a child in K-12 school in Cary or Morrisville, or if homeless last active address in Cary or Morrisville

See website for documentation requirements.
<https://dorcascnc.org/how-we-help/assistance/>

Fuquay Emergency Food Pantry

216 W. Academy Street, Fuquay Varina
919-552-7720

Willow Springs & Holly Springs residents only.
Open Tue 9 a.m.-11:45 a.m. & Thurs. 3 p.m.-5:45 p.m.
Drive up – see website for eligibility requirements
<https://www.fvfoodpantry.com/>

North Raleigh Ministries

9650 Strickland Road, Raleigh 27615
919-844-6676

Monday 10:30 a.m.-2:00 p.m.

Tuesday 10:30 a.m.-2:00 p.m.

Wednesday 3:30 p.m. -7:00 p.m.

Thursday 10:30 a.m. -2:00 p.m.

Serving individuals in the following zip codes: 27604, 27609, 27612, 27613, 27614, 27615 and 27616. Photo ID and proof of residency in these zip codes required
See website for required documents.
www.northraleighministries.com/food-assistance

Shepherd's Table Soup Kitchen

121 Hillsborough Street, Raleigh
919-831-2010

Free hot meals M-F 11 a.m.-12 p.m.
No referral required.

Tri-Area Ministries Food Pantry

149 E Holding Ave, Wake Forest 27587
919-556-7144

Hours: Mondays and Wednesdays and the third Saturday of the month from 10:00 a.m. - 1:00 p.m.

Must live in Wake Forest, Rolesville, Youngsville, and surrounding areas.

No appointment necessary

Urban Ministries Food Pantry

1390 Capital Blvd., Raleigh 27603
919-836-1642

Urbanmin.org/services/food-pantry/

Food assistance is available Monday – Thursday 9am-1pm
Eligible clients can receive food assistance once every week.
Drive through service and no referral required.

Western Wake Crisis Ministry Food Pantry

103 East Chatham St. Apex
919-362-0657

Please call to make an appointment for services. Must live in Apex, New Hill, Fuquay-Varina, Holly Springs, Friendship OR activate/retired military. Households are determined by address and may shop once every 30 days.

With Love From Jesus

919-834-6733

Open Tue, Wed, Fri & Sat 10 a.m.-11:30 a.m. at
421 Chapanoke Road, Raleigh 27603

<https://www.withlovefromjesus.org/to-recviee-help/>

Open Tuesday, Wednesday, Friday, & Saturday 10-11:30am
If only needing food assistance may arrive at 9:30-10am

Catholic Parish Outreach

2013 North Raleigh Blvd., Raleigh 27604
919-873-0245

Food distribution are Mondays, Wednesdays, Thursdays, and Fridays 9:00 am - 12:00 pm.

In addition to food, CPO offers diapers and formula, feminine products, and clothing for infants and toddlers.

We are now open on the FOURTH Saturday of the month from 9:00 am - 12:00 pm.

Food Bank of Eastern Central NC

919-875-0707

1924 Capital Boulevard, Raleigh, NC 27604

Open M-F 8:30 a.m.-5 p.m.

Serves residents in Duplin, Franklin, Halifax, Harnett, Johnston, Nash, Sampson, Wake, Warren, and Wayne County. Visit website for additional programs offered

<https://foodbankcenc.org/>

New Bethel Baptist Church Food Pantry

Address 605 East Young Street Rolesville, NC 2757
919-556-5395

Tuesdays 10 a.m. -2 p.m.

Eligibility guidelines include serving Wake and surrounding counties, one visit every 30 days, show government issue photo id with an address.

Oak City Care Center

1430 South Wilmington Street Raleigh,
NC 27603
919-812-5546
Serving meals on Sat and Sun from 9 a.m.-6 p.m.

Salvation Army of Wake County

1863 Capital Boulevard, Raleigh 27604
919-834-6733
<https://southernusa.salvationarmy.org/wake/food-pantry/>
Tuesday & Thursday 1pm-1:45pm
Need proof of residency and photo ID for application
(1-3 bags of groceries every 3 months)

Crabtree Valley Baptist Church-Hope Pantry

4408 Leadmine Road, Raleigh 27612
919-781-5345
Call for eligibility requirements
Serving Zip codes 27607, 27608, 27609, 27612, 27615
Distribution Wednesday 9am-12pm



Johnston County

Johnston-Lee-Harnett Community Action Food Closet

Food Closet located at Centenary United Methodist Church
140 E Market St, Smithfield NC 27577
919-934-8915
Distribution M-F 9:30 am-12pm, M-Th 2-4:30pm
Call 919-934-2145 or go to 1102 Massey St. Smithfield 27577 to obtain a voucher from Johnston Lee Harnett Community Action before going to Food Closet

Garner Food Pantry

919-772-9100
558 Village Court, Garner 27529
Call to verify eligibility and to receive assistance
For residents of Garner and zip codes 27603, 27610 and 27529 may receive food once every 3 months and on emergency basis
Proof of residency and photo ID required

Community and Senior Services

606 Caswell St., Smithfield, NC
919-934-8701
Call about: Meals for ages 60+; Meal delivery for shut-ins ages 60+; Nutrition Programs ages 60+

Shiloh Christian Church

211 Durham St, Smithfield, NC 27577
919-934-0278
Soup Kitchen M-F 11:30 a.m.-12:30 p.m.

With Love from Jesus

361 W 2nd St, Clayton 27528
919-834-6733
<https://www.withlovefromjesus.org/to-recieve-help/>
Thursdays 9:30-11am and Sunday 4:30-6pm
No proof of residency required

Clayton Area Ministries

780 E Main st, Clayton, NC 27520
919-553-5654
www.claytonareaministries.com
Services are provided to Clayton Residents once per month
Pantry open M-F 1 p.m.-3 p.m.

St. Ann's Catholic Church

4057 US 70 Bus. Hwy West, Clayton 27520
919-934-2084
Fridays from 9 a.m. – 10:30 a.m.
For residents of Johnston County

Whitley Memorial United Methodist Church

300 Wilsons Mills Rd., Smithfield 27577
919-989-8506
Grandma's Pantry: Provides supplies for infants i.e. diapers and formula

Edgerton Memorial United Methodist Church

P. O. Box 487, Selma 27576
919-965-3761
Call for eligibility food is distributed
Thursday at 8:30 a.m. (limited funds available)

Salvation Army

306 N Brightleaf Blvd, Smithfield 27577
919-934-9102
Food Pantry hrs 9am-5pm Tuesday- Friday



Online Resources

North Carolina Food Bank | www.foodbankcenc.org

Provides zip code specific information regarding emergency food pantry participating locations.

Community Care of NC | www.ccwjc.com/resources.asp

Resource database provides information about services offered in Wake and Johnston County.

Wake County Network of Care | wake.nc.networkofcare.org

Information on local services and organizations in Wake County.

NC 2-1-1 | www.nc211.org

Information and referral services by United Way of North Carolina.

Aunt Bertha | www.auntbertha.com

Information about local free or reduced cost services like medical care, food, job training and more.

United Way of North Carolina interactive resource website NC 211 www.nc211.org

NCCARE360 nccare360.org/resources - dial 211 or 888-892-1162

12/20/24